

2019



jccdolphins.swim@gmail.com

Dolphins Swim Team



New Orleans
Jewish Community Center

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3747 West Esplanade Avenue, Metairie, LA 70002 | 504.887.5158
www.nojcc.org

Bob Handley, Head Coach, Uptown | bob@nojcc.org
Kathleen Kehoe Kennair, Aquatics Director | kathleen@nojcc.org

Swim Meet Schedule - Division 1

(CLCC) Cypress Lakes Country Club
(JCC) Jewish Community Center
JCC home meets will be held at UNO

(MCC) Metairie Country Club
(MIM) Mimosa Swim & Racquet Club
(SYC) Southern Yacht Club

MEET DATE	TEAMS	WARM-UP	START
Wednesday, May 29	JCC @ SYC	TBA	TBA
Wednesday, June 5	JCC @ CLCC	TBA	TBA
Monday, June 10	JCC vs MCC @ UNO	2:00 PM	3:00 PM
Wednesday, June 19	JCC vs MIM @ UNO	2:00 PM	3:00 PM
Wednesday, June 26 & Thursday, June 27	*City Championship @ UNO	TBA - 8 & under TBA - 9 & up	

**All children are eligible to compete in City Championship*

JCC Swim Team members will be entered, and are expected to participate, in all of the dual swim meets. If there is a conflict which prevents the team member from participating, notify one of the coaches two weeks prior to the swim meet.

MANDATORY PARENTS MEETING

At least one parent **MUST** attend one of the meetings
(swimmers do not have to attend)

Tuesday, April 30 | 5:30 - 6:30 PM | Held in Metairie

Tuesday, May 7 | 5:30 - 6:30 PM | Held Uptown

PRACTICE SCHEDULE

Swimmers may attend practice at either campus

2019 Swim Team Practice Begins

Uptown | Monday, May 13

Metairie | Tuesday, May 14

Uptown Campus

Tuesdays & Thursdays

Ages 5 & 6 | 4:00 - 5:00 PM

Ages 7 & 8 | 5:00 - 6:00 PM

Mondays & Wednesdays* (No practice May 27)

Ages 9 & 10 | 4:00 - 5:00 PM

Ages 11 & up | 5:00 - 6:00 PM

Fridays

Ages 9 & up | 4:00 - 5:00 PM (begins June 7)

Metairie Campus

Tuesdays & Thursdays (May)

Ages 5 - 8 | 4:00 - 5:00 PM

Ages 9 & up | 5:00 - 6:00 PM

Mondays, Tuesdays & Thursdays (June)

Ages 5 - 8 | 4:00 - 5:00 PM

Ages 9 & up | 5:00 - 6:00 PM

**No practice on swim meet days. Meet schedule is listed on back page.*

SWIM TEAM REQUIREMENTS

- **Eligibility** - Silver or Gold members between the ages of 5 and 18 who are able to swim 25 yards without assistance may join the swim team.

- **Registration Fee** - A \$190 per swimmer registration fee must be paid prior to swimmer participating in practice.

- **Waiver** - All waivers (new swimmers only) and registration forms must be turned in prior to swimmer participating in practice. Additional copies can be downloaded at nojcc.org.

- **Swim Suits** - JCC Swim Team suits are required for uniformity. Every participant must wear a navy blue suit that can be purchased at Aquatica Sports & Fitness, LLC, 1050 S Jefferson Davis Pkwy, Ste 201, NOLA 70124, phone: (504) 304-2301, email: joelle@aquaticasports.com, website: aquaticasports.com. All swimmers are expected to wear their team suit and a swim cap at every meet.

Aquatica will be at the Uptown J on May 7, 5:30 - 6:30 PM for team suit fittings and purchases. JCC team suits, swim caps and goggles will be in stock to be purchased. Anyone unable to attend the fitting may email or call to place order or schedule a suit fitting at the above address. Orders can be picked up at the store on Mondays, Wednesdays and Fridays, 11:00 AM - 5:00 PM.

- **Bad Weather** - Should we need to cancel practice due to bad weather, an email notification and text message will be sent out prior to practice.